# Insights from Pathology Studies DCBs and DESs

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Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

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## **Evolution of DES Technology**



## 2<sup>nd</sup> Gen DES could not improve the clinical outcome



DES

2<sup>nd</sup> gen: EES 6141 (82.3%), R-ZES 832 (11.1%)

1st gen: E-ZES 56 (0.8%), SES 211 (2.8%), PES 175 (2.3%)

Bønaa KH et al. N Engl J Med 2016;375:1242-1252.

## **Problems Encountered with Drug-Eluting Stents**

### Thick strut DES with durable polymer

- Thick struts
- Uneven polymer distribution with poor integrity, and thick coating of durable polymers
- High drug dose
  - **Uncovered struts**
  - **Hypersensitivity**
  - **Malapposition from** fibrin deposition
  - Stent fracture
  - **Neoatherosclerosis**



### Late Stent Thrombosis / Restenosis







## Thinner struts

Thin strut DES with durable polymer

- More biocompatible polymer (Durable)
- **Reduced drug dose** 
  - **Uncovered struts**
  - **Hypersensitivity**
  - Malapposition from fibrin deposition
  - Stent fracture
    - Neoatherosclerosis

### **Clinical Late Catch-up**





### Late catch-up

**Uncovered** struts

**Hypersensitivity** reaction

**Malapposition from** excessive fibrin deposition

**Neoatherosclerosis** 

Are long-term (1-5 years) results different in 1<sup>st</sup>, vs. 2<sup>nd</sup>, vs. BMS different in pathologic studies?

## Inflammation in long-term after stent implantation

CoCr-EES

SS-SES

CoCr-BMS



DOI: 10.1161/ЈАНА.117.007244 201 Mori et al.J Am Heart Assoc.

# Neoatherosclerosis in Long-TermCoCr-EES 5 yearsSS-SES 5 years





**BMS 5 years** 



### **Prevalence and type of neoatherosclerosis**



Mori et al.J Am Heart Assoc. 2017;6:e007244. DOI: 10.1161/JAHA.117.007244

# How Do DES Perform in severe calcified lesions?

## Impact of Calcification on strut coverage after current generation DES



Torii et al. Unpublished data

## Impact of surface calcification and medial tear

on uncovered struts



### Severe medial tear





### Surface calcified area





Torii et al. Unpublished data

## Surface calcification is a predictor for uncovered struts

Multivariate Analysis of Predictors for Delayed Strut Coverage in Newer-Generation DES

|  | OR  | Lower<br>95% Cl | Upper<br>95% Cl | p value |
|--|-----|-----------------|-----------------|---------|
| Duration of implantation <6 months             | 7.7 | 5.18            | 11.50           | <.0001  |
| 2 consecutive struts on surface calcified area | 6.5 | 3.55            | 12.04           | <.0001  |
| Strut malapposition                            | 5.0 | 3.34            | 7.57            | <.0001  |
| Lack of severe medial tear                     | 2.5 | 1.53            | 4.34            | 0.0005  |



#### Torii et al. Unpublished data

# **Limitation of DES**

- > Vessel caging
  - > lack of adaptive remodeling
- > Permanent metallic implant
  - > Foreign body reaction
- > Unsuitable lesions;
  - > Long segment disease, small vessels, calcification
- > Future treatment
  - > Preclusion of bypass to stented segments

## DRUG COATED BALLOON OVERCOMES UNMET CLINICAL NEED



| 6        |                      |  |
|----------|----------------------|--|
|          |                      |  |
| Sener To | reatment sam<br>Area |  |



- Novel angioplasty balloon coated with an anti-restenotic drug
- Overcoming unmet clinical need:
  - Homogenous delivery of anti-restenotic drug reduces amount of restenosis
  - Due to absence of any stent no stent fracture, vessel injury
  - Allows original anatomy to remain intact positive remodeling
  - "Leaving nothing behind" allowing fast 'normalization' of vascular function
    - > True normalization of vasomotor function,
    - Restoration of physiological responses to stress
    - » NO long-term consequences related to inflammation, accelerated atherosclerosis and thrombosis
    - No need for long term DAPT

## DIFFERENCES: DES VS. DCB

| Parameters                              | DES                           | DCB  |  |  |  |
|---|-------------------------------|--|--|--|--|
| Drug concentration on the device        | Low<br>5-10 µg/mm             | Very High<br>2-3 μg/mm² (≒20-30 μg/mm)   |  |  |  |
| Drug transfer at the time of deployment | Slow                          | Rapid, all at once   |  |  |  |
| Reservoir of drug                       | Polymer or no polymer         | No (excipient is needed)   |  |  |  |
| Drug retention in tissues               | Available for a long time     | Need the drug in crystalline form (Ptx)<br>and should be easily transferable to<br>adjacent cells. Must binds to cell<br>membranes |  |  |  |
| Diffusion                               | Good                          | Excellent  |  |  |  |
| Distribution                            | Uniform circumferential       | Uneven and usually 1 or 2 quadrants  |  |  |  |
| Distal emboli                           | None                          | Depends on coating integrity   |  |  |  |
| BMS DES                                 | DCB                           | DES<br>Hwang, Circulation 2001; 104: 600-<br>DCB<br>Paccocath  |  |  |  |
| 28 days                                 | 14 days (Porcine iliac artery | Paccocain  |  |  |  |

## **Elements of an Effective DCB Formulation**

- Must deliver large quantities of the drug within seconds
- Distribute within the media in the first few days
- Therapeutic drug levels must be maintained for more than 4 weeks
- Must allow rapid healing as compared to DES
- No need for long-term anti-platelet therapy
- Biologic effects must be observed by histology at 28-days
- Effective drug delivery to target tissue while avoiding non-target effect (i.e. minimize emboli)

## **Pre-clinical Comparative Study**

- Swine SFA were randomly treated by LUTONIX, IN.PACT or POBA, 1x and 3x dose.
- Evaluated downstream organs at 28 and 90 days
  - Distal drug concentration
  - Histology ; Distal embolization, Vascular changes



## **Downstream Findings in Porcine Skeletal Muscle (28-Day)**

Lutonix (1x) Vascular Change



**IN.PACT (1x) Crystalline Material** 



IN.PACT (3x) Crystalline Material

High (20x and 40x) power images of vascular changes in skeletal muscle at 28 days.

Vascular changes include pyknotic nuclei embedded in homogenous pink material (yellow arrow), representing fibrinoid necrosis (black arrows), with surrounding inflammatory cells (blue arrows).

> High (40x) power images of crystalline material (red arrows) at 28d





**IN.PACT (1x) Vascular Change** 

## **Downstream Incidence of Distal Embolization (%)**



# **Current DCB Controversy**

SYSTEMATIC REVIEW AND META-ANALYSIS



Risk of Death Following Application of Paclitaxel-Coated Balloons and Stents in the Femoropopliteal Artery of the Leg: A Systematic Review and Meta-Analysis of Randomized Controlled Trials

Konstantinos Katsanos, MD, PhD, MSc, EBIR; Stavros Spiliopoulos, MD, PhD; Panagiotis Kitrou, MD, PhD; Miltiadis Krokidis, MD, PhD; Dimitrios Karnabatidis, MD, PhD

- A systematic review and meta-analysis published in Dec 2018.
  Paclitaxel DCB/DES vs POBA/BMS for femoropopliteal artery disease
  - All cause patient death rate at
    - 1 year, 28 RCTs, n= 4432; 2.3% vs 2.3% (RR 1.08; 95% Cl. 0.72-1.61)
    - 2 year, 12 RCTs, n=2316; 7.2% vs 3.8% (RR 1.68; 95% Cl. 1.15-2.47)
    - 5 year, 3 RCTs, n=863; 14.7% vs 8.1% (RR 1.93; 95% Cl. 1.27-2.93)

**Paclitaxel devices showed** 

higher risk of mortality at 2 years and 5 years

# **Current DCB Controversy**

**U.S. FDA issued** "Letter to healthcare **Providers**"

**ISSUE: January 17, 2019** UP DATE: March 15, 2019

#### A to Z Index Follow FDA En Español U.S. FOOD & DRUG FDA Search FDA ADMINISTRATION Ξ Food Radiation-Emitting Products Vaccines, Blood & Biologics Animal & Veterinary Cosmetics Drugs Medical Devices Medical Devices Home > Medical Devices > Medical Device Safety > Letters to Health Care Providers Treatment of Peripheral Arterial Disease with Letters to Health Care Providers Paclitaxel-Coated Balloons and Paclitaxel-Eluting Stents Potentially Associated with Increased Mortality - Letter to Health Care Providers

### **Recommendations**

1. Monitoring of patients who have been treated with paclitaxel devices

U.S. Department of Health and Human Services

- 2. For most patients, alternative treatment options to paclitaxel devices should generally be used until additional analysis of the safety signal has been performed
- 3. For some individual patients (i.e., high risk for restenosis), clinicians may determine that the benefits of using a paclitaxel devices may outweigh the risks.
- 4. Ensure patients receive optimal medical therapy for PAD and other cardiovascular risk factors

U.S. Food & Drug Administration (2019), "Treatment of Peripheral Arterial Disease with Paclitaxel-Coated Balloons and Paclitaxel-Eluting Stents potentially Associated with Increased Mortality – Letter to Health Care Providers ",

Q

Tobacco Products

# **Summary**

- First generation DESs had problems with delayed arterial healing characterized by uncovered struts and higher inflammation, and hypersensitivity reaction.
- Second generation DESs have markedly improved, with significantly less thrombosis, inflammation, and uncovered struts.
- Even long-term results (>1 year) with permanent polymers are better than BMS and SES in terms of inflammation and target lesion failure.
- In long term study by histology (1 to 5 years), 2<sup>nd</sup> generation DES (EES) showed similar neoatherosclerosis with less advanced plaques observed in EES than SES.
- DCB might overcome clinical unmet of DES, however, further discussion are needed on the safety of paclitaxel devices.

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# Reactions



LINC; January 22-25, 2019, Germany. Makers with FDA approved paclitaxel devices reported a comparison of mortality between DCB/DES and POBA/BMS

- Medtronic <u>Pacli</u>
  - Paclitaxel DCB/DES vs POBA/BMS, p value
  - IN.PACT Admiral <sup>™</sup>; 9.3% vs 11.2%, p=0.399 (5 years, n=1980)
- BARD
  - Lutonix<sup>®</sup>; 14.2% vs 10.6%, p=0.198 (5 years, n=1189)
- PHILIPS
  - Stellarex<sup>™</sup>; 7.9% vs 9.9%, p=0.78 (3 years, n=2521)
- Cook Medical
  - Zilver<sup>®</sup> PTX<sup>®</sup>; 18.7% vs 17.6%, p=0.53 (5 years, n=479)
- Boston Scientific
  - Eluvia<sup>™</sup>; 2.10% vs 4.0%, p=0.23 (1 year, n=465) \* Lancet. 2018 Oct 27;392(10157):1541-1551.

### There was no difference in mortality

between paclitaxel devices and non-paclitaxel devices.

### **Polymer Delamination in Long-Term**

### CoCr-EES 4 years

### CoCr-EES 5 years



### **Prevalence of Polymer Delamination (%)**



Pathological studies in 1<sup>st</sup> vs. 2<sup>nd</sup> Generation DES

## First-generation DES with localized Hypersensitivity and Malapposition

| Patient #                                       | Age (yrs)/<br>Sex | Lesion | Stent<br>Type      | Total Stented<br>Segment<br>(mm) | Duration of<br>Implants<br>(Months) | Indication for<br>Implants | Clinical<br>Presentation | Malapposition | Malapposed<br>Distance<br>(µm) |
|---|-------------------|--------|--------------------|----------------------------------|-------------------------------------|----------------------------|--------------------------|---------------|--------------------------------|
| SES with localized hypersensitivity<br>reaction |                   |        |                    |                                  |                                     |                            |                          |               |                                |
| 1   | 61/M              | RCA    | SES                | 18                               | 4                                   | SAP                        | Sudden death             | No            | _                              |
| 2*  | 40/F              | LAD    | SES                | 27                               | 17                                  | AMI                        | Sudden death             | Yes           | 650                            |
|   |                   | RCA    | SES                | 25                               | 17                                  | AMI                        |                          | Yes           | 320                            |
| 3   | 49/M              | LCX    | SES 	imes <b>2</b> | 27                               | 18                                  | UAP                        | AMI                      | Yes           | 1,620                          |
| 4   | 46/M              | LAD    | SES                | 23                               | 31                                  | SAP                        | AMI                      | Yes           | 930                            |
|   |                   | RCA    | $\rm SES \times 2$ | 30                               | 31                                  | AMI                        |                          | Yes           | 1,200                          |
| 5   | 62/F              | LAD    | $\rm SES \times 3$ | 41                               | 36                                  | SAP                        | Repeat occlusion         | NA†           | _                              |

LAD: SES (17months)



### RCA: SES (17months)





### Pathology of 2<sup>nd</sup>-gen CoCr-EES vs. 1<sup>st</sup>-gen SES/PES



Duration of implant: >30 days,  $\leq$ 3 years

## Inflammation in the 2<sup>nd</sup>-generation DES

### 61M, E-ZES (3 months)

### 51M, CoCr-EES 4 months



Chronic inflammation consisting with giant cells secondary to polymer delamination in ZES



### Morphometric Analysis: CoCr-EES vs. SES/PES



All statistical analyses were corrected for duration of implant. Modified from Otsuka F, et al. Circulation. 2014;129:211-223.

**CoCr-EES** 

PES

0

SES

**CoCr-EES** 

PES

0

SES

0

SES

PES

**CoCr-EES** 

## Neointimal Thickness and Prevalence of Uncovered Struts Stratified by Duration of Implant in CoCr-EES vs. SES/PES

Maximum Neointimal Thickness (mm)

**Prevalence of >30% Uncovered Struts** 



Otsuka F, et al. Circulation. 2014;129:211-223.

## **Neoatherosclerosis in CoCr-EES**

CoCr-EES 24M



### CoCr-EES 36M



### **Overall prevalence of NeoAth**



### Prevalence of Various Features of Neoatherosclerosis



All statistical analyses were corrected for duration of implant.

Otsuka F, et al. Circulation. 2014;129:211-223.

### Prevalence of Neoatherosclerosis, Stent Thrombosis with Neoatherosclerosis, and Restenosis with Neoatherosclerosis Stratified by Duration of Implant in BMS, 1<sup>st</sup>- and 2<sup>nd</sup>-gen DES



A total of 614 stented coronary lesions (BMS=266, 1<sup>st</sup>-generation DES=285 [143 SES and 142 PES], and 2<sup>nd</sup>-generation DES=63 [7 E-ZES, 3 R-ZES, and 53 EES]) from 384 autopsy cases were pathologically examined (mean duration of implant = 913±989 days).